Self-made hybrid 3 layer mask

BY ISHA PARLIKAR

1. Choose your Fabric

Polyester as a the outer layer

Soft cotton 2 layers as the inner layer

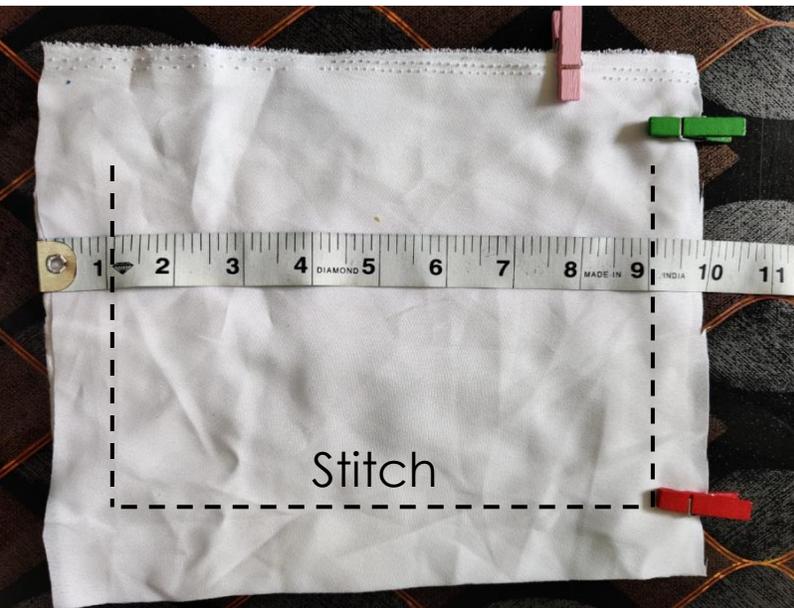# 2. Aline them together, keep polyester layer upper side

Test and make sure you can breath through the layers
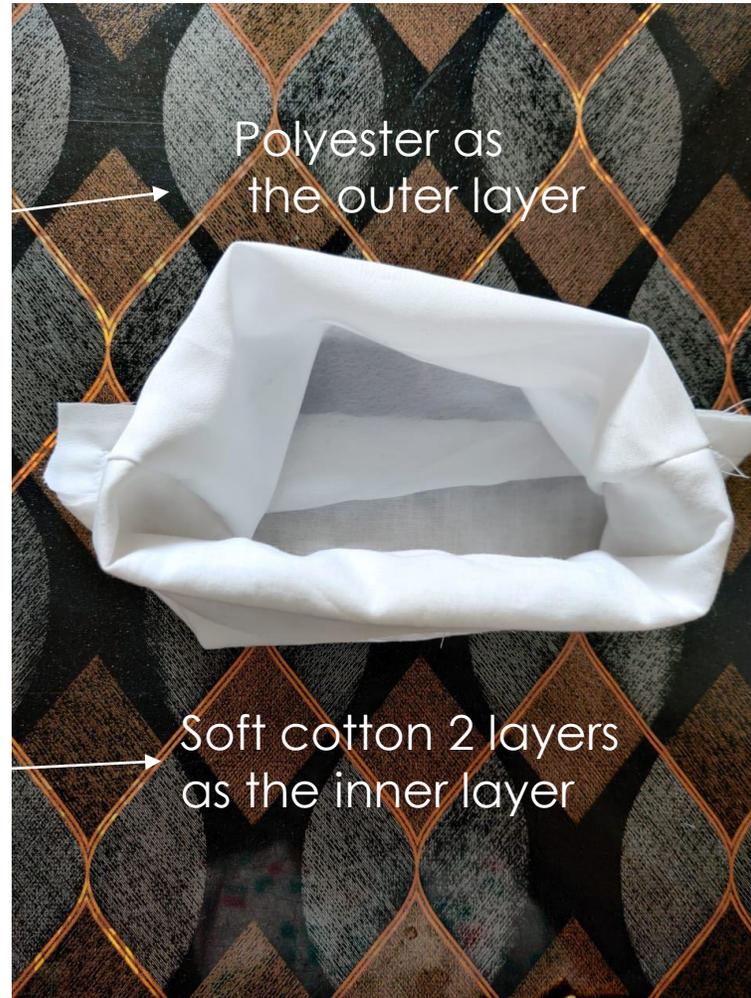
3. Cut 10 cm wide and 8 cm in height

8 x10 inches

4. Stitch or sew 3 sides

Stitch

Outer side

Inner side

5. Inside out such that you get polyester side on upper side

Polyester as the outer layer

Soft cotton 2 layers as the inner layer

Polyester as the outer layer

6. Stitch the unstitched side

Fold 1 of the edge inside

Fold the second edge inside
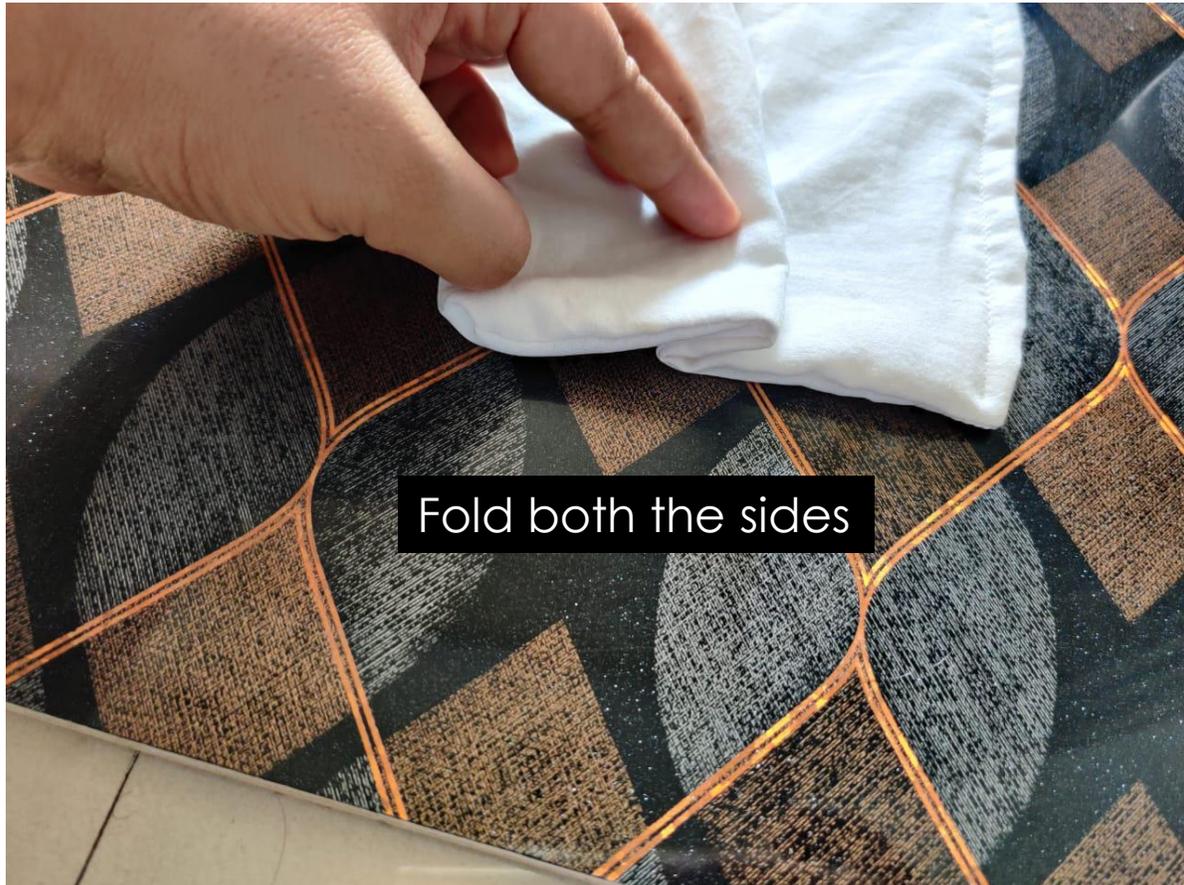

Hold together with clamps of pins
If required

All side stitched

7. Fold about an inch in the middle of the mask

Fold the sides

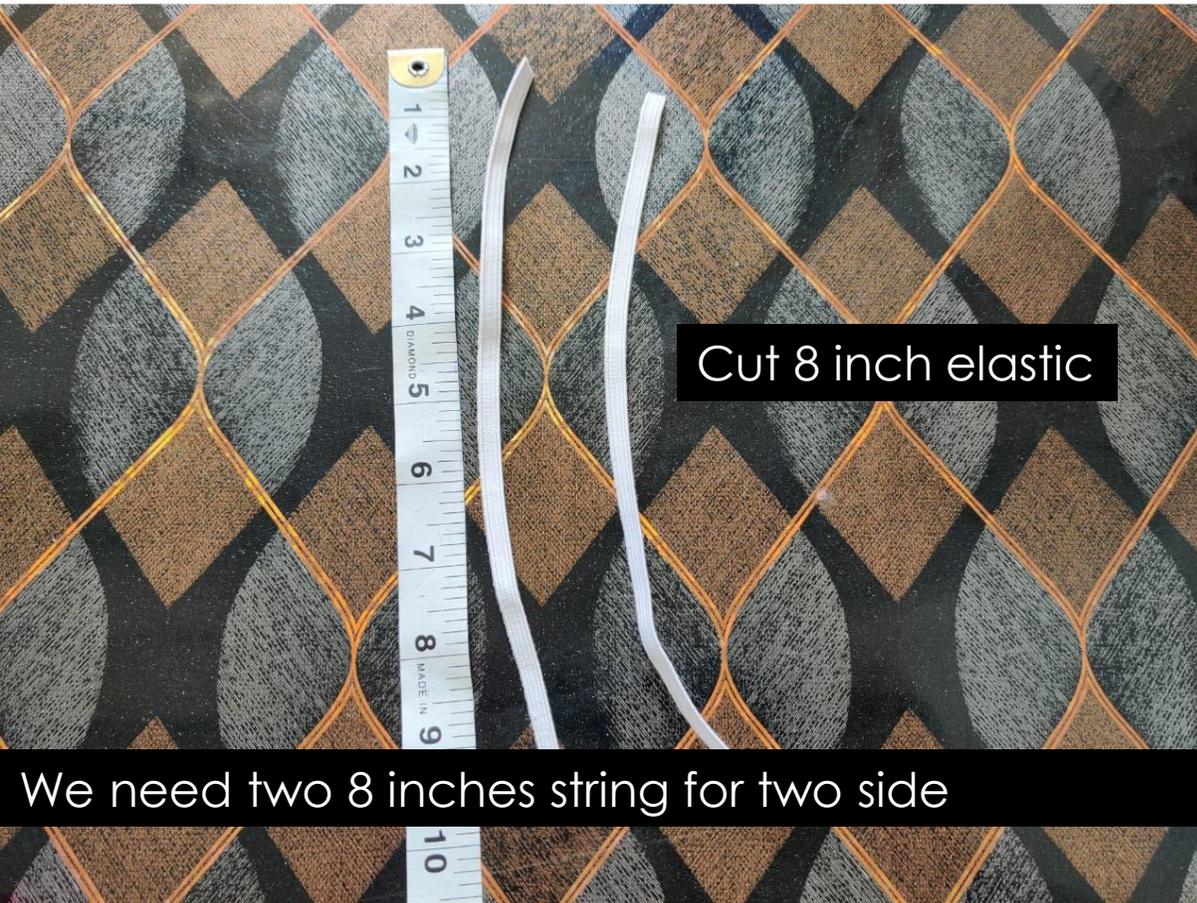# 7. Fold about an inch in the middle of the mask

Fold both the sides

Use clamps or pins if required and stitch on dotted lines

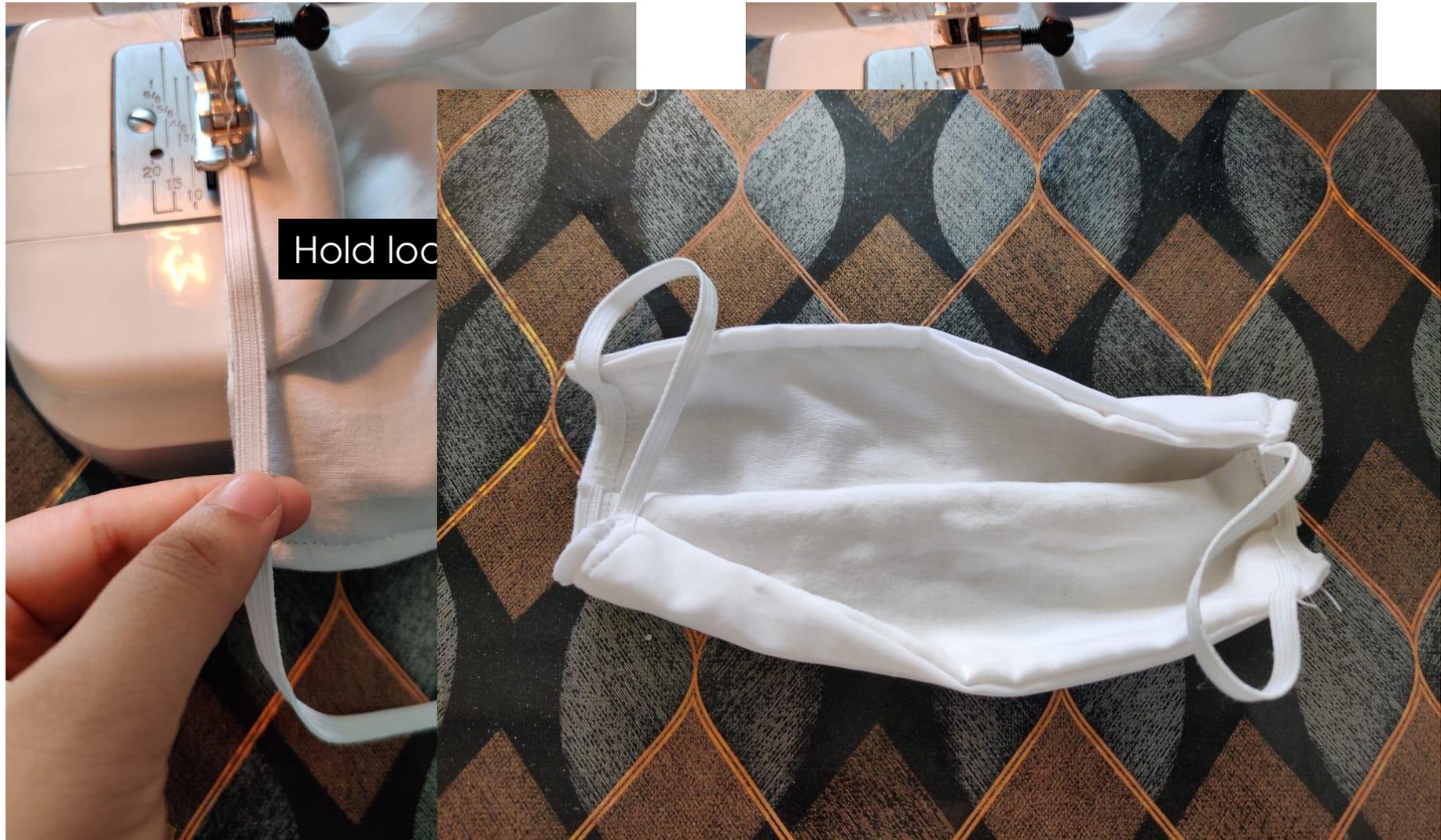# 8. Stitch both sides of mask

Outer side

Inner side

9. Add Elastic

Cut 8 inch elastic

We need two 8 inches string for two side

Stitch along the dotted lines along with elastics

10. Start stitching the corner

Hold loo

II. Stitch the end of the elastic back to the corner where it started

E

Looped elastic

12. Adjust the elastic and wear the mask

Full coverage mask

13. Important points

- Shorten the elastic if the mask is too lose

It should fit tightly

- Deep in hot soap water or 1% diluted bleach solution for one minute to disinfect after single use

- Reuse after drying

Thank you!